

Traffic crashes are the leading cause of teen fatalities – an estimated 38 percent of all teen deaths occur from crashes. Inexperience, speeding, cell phone use/texting and alcohol are some of the leading factors that can heighten young drivers' risks. Parents and teens can work together to make the right driving decisions to keep young drivers safe:



- Require your teen to wear a seat belt and set firm penalties for breaking the rule. Seat belt use is the single best injury prevention measure a driver can take.
- Eliminate distractions including cell phone use while driving.
- Spend time with your teen behind the wheel.
  Experience is a skill-builder.
- Set a zero-tolerance policy for alcohol and drug use.
- Know who your teen is riding with and whether that teen is a competent driver. Prohibit new drivers from taking teen passengers along for the ride.
- Set a curfew. Teenagers driving at night with passengers are 4 to 5 more times likely to crash than when driving alone during the day.

## Set a good example for young drivers.



Learn more about injury prevention:

nsc.org/nsm