

When driving, your first responsibility is the safety of those in your vehicle and others on the road. Cell phone use while driving and other forms of distracted driving account for 80 percent of all crashes.



- If you need to use your cell phone while driving, pull over to a safe location and put the car in Park.
- Hands-free cell phones are not safer.
- Avoid driving while fatigued.
- Crash rates for teen drivers with teen passengers increase significantly with each additional passenger. Limit who rides with your teen.

When driving, keep your mind on the road and hands on the wheel.



Learn more about injury prevention:

nsc.org/nsm