



# BioPak 240 Revolution BioPak 240 R Benchman's Quiz

## **Instructions**

Circle the correct letter or answer that represents the **BEST** answer. If you make a correction make sure all erasures are complete. Each question is worth 2 points for a total of 120 points. You have 45 minutes to complete this quiz. Please print your name and date clearly in the space below:

Name:	Date:

## Part 1, True or False

Circle "True" or "False"

1. The gaskets used to seal the CO2 absorbent cartridges to the center section are reusable and must be washed and disinfected after each use.

**TRUE** 

**FALSE** 

2. Any type of leak detection liquid such as "LeakTec," "Snoop" or soapy water solution may be used for the high pressure leak test.

TRUE

**FALSE** 

3. The BioPak 240 R Oxygen Cylinder is filled with 444 liters (15.7 cubic feet) of medical grade oxygen.

TRUE

**FALSE** 

4. The BioPak 240 R Diaphragm has the following three major functions:

It maintains a positive pressure

It activates a demand valve during periods of heavy work

It activates a pressure relief valve during periods of inactivity

TRUE

**FALSE** 

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5. When the Diaphragm subassembly is removed for maintenance, alignment of the diaphragm is NOT important.

TRUE

**FALSE** 

6. For safe operation and to maintain your EN, or NIOSH & MSHA approvals, only Biomarine spare parts should be used on the BioPak 240 R.

TRUE

**FALSE** 

7. The BioPak 240 R alarm activates at approximately 25% end of service life or 750 psig (52 bar).

TRUE

**FALSE** 

8. Alcohol is an acceptable substitute for Portion-Pak anti-bacterial/germicide.

**TRUE** 

**FALSE** 

9. The two coolant shells, which hold the two frozen ice canisters, are part of the low-pressure leak test.

TRUE

**FALSE** 

10. The large center section lid O-Ring should be kept lubricated with a lubricant such as Vaseline.

TRUE

**FALSE** 

11. The oxygen "BODOK" seal is subject to high pressure and therefore must be lubricated with Cristo-Lube.

TRUE

**FALSE** 

12. The small o-ring on the flow restrictor is lubricated with Cristo-Lube PRIOR to installation on the flow restrictor and installation in to the Oxygen Manifold.

TRUE

**FALSE** 

13. The CO2 absorbent cartridges are a very effective absorbent of Carbon Dioxide, and you have the option to use only one cartridge when training or using the BioPak 240 R for 2 hours or less.

TRUE

**FALSE** 

14. The oxygen pressure regulator reduces high pressure from the cylinder to between 148 - 158 psig (10-11 bar).

TRUE

**FALSE** 

15. As a qualified Benchman, I am now approved to train Users and other Benchman. True False

## Part 2, Multiple Choice

Circle the correct letter. Circle only one letter for each question.

- 16. Periodic Maintenance should be performed at least \_\_\_\_ on BioPak 240 R units in a constant use.
  - A. Daily
  - B. Weekly
  - C. Monthly
  - D. Quarterly
- 17. If the BioPak 240 R cylinder is accidentally filled with a foreign or unapproved gas the cylinder must be:
  - A. Thoroughly cleaned and inspected
  - B. Sent out for hydrostatic testing
  - C. Pull a vacuum and refill with an approved gas
  - D. Condemned and taken out of service
- 18. The following critical components must be replaced every 5 years
  - A. Diaphragm Assembly
  - B. Pressure reducer/regulator
  - C. Breathing Chamber Lid O-Ring
  - D. None of the Above
- 19. The Revolution Monitoring System battery must be replaced
  - A. When a low battery alarm occurs
  - B. After 200 hours of use
  - C. Every 6 months
  - D. In a safe area known to be free of explosive gasses
  - E. With the cylinder valve closed/off
  - F. All of the above
- 20. The shelf-life of an unopened CO2 absorbent cartridge is
  - A. Up to 1 hour
  - B. 5 years
  - C. 1 year
  - D. 3 years
- 21. It is normal for the BioPak 240 R remote (chest) pressure gauge to display full bottle pressure:
  - A. Before the BioPak 240 R has been turned on.
  - B. Approximately 1 minute after the BioPak 240 R has been turned on
  - C. Immediately after turning on the BioPak 240 R
  - D. All of the Above
  - E. None of the Above

22.	Turn-around Maintenance should be performed A. As soon as possible after each use B. On a monthly basis C. During periodic maintenance D. During long-term maintenance E. None of the Above
23.	If the pressure gauge line were to be severed the will conserve oxygen usage to allow adequate breathing gas for a safe exit from the hazardous area  A. Emergency By-Pass Valve B. Gauge Line Flow Restrictor C. Gauge Line Manual Quick Disconnect D. B & C
24.	The following steps are part of the Turn-Around Maintenance Tag except for A. Washing/disinfecting B. Carbon dioxide cartridges replaced C. Oxygen cylinder replacement/filled D. Flow check E. Low-pressure leak test F. Anti-fogging agent application G. High-pressure leak test H. Ice canister placed in freezer
25.	When submerging the center-section during turn-around maintenance, caution should be exercised so that  A. The flow restrictor is kept dry  B. The supply o-rings are not lost  C. The volume of water does not over extend the diaphragm  D. B & C
26.	The BioPak 240 R Oxygen Cylinder must be hydrostatically tested every years A. Two B. Three C. Five D. Ten
27.	The BioPak 240 R Oxygen Cylinder is made out of A. Steel B. Fiberglass Wrapped Steel C. Aluminum D. Carbon Fiber Wrapped Aluminum
28.	Freezing of the ice canister in the freeze form prevents  A. Easy removal  B. Improper expansion  C. Heat stress  D. Freezer burn

29.	At sea level, the constant flow restrictor meters the oxygen flow into the BioPak 240 R at an average of $1.80\pm.13$ per minute A. PSIG B. Pounds C. Liters D. Inches of Water Column
30.	The Oxygen cylinder must be refilled with A. 3000 psig (207 bar) of medical or aviation grade oxygen B. 3000 psig (207 bar) of compressed air C. 3000 psig (207 bar) of welders grade oxygen D. 3000 psig (207 bar) of nitrogen
31.	Under extremely heavy work conditions, if the user inhales and draws the diaphragm as far as it can travel, it activates the A. By-Pass Valve B. Demand Valve C. Relief Valve D. Check Valve
32.	If the BioPak 240 R malfunctions and is not able to provide oxygen to the breathing chamber, the user can still manually fill the chamber by activating the  A. Emergency By-Pass Valve  B. Demand Valve  C. Relief Valve  D. Check Valve
33.	When the user exhales and moves the diaphragm as far as it can travel, it activates the A. By-Pass Valve B. Demand Valve C. Relief Valve D. Check Valve
34.	When wearing the BioPak 240 R the breathing gases travel A. Up and Down B. In a circle C. Out the right side of the face-mask D. In the left side of the face-mask E. C & D
35.	The BioPak 240 R has three levels of pressures. Match ALL of them.  A. High Pressure
36.	The function of the three sponges inside the center-section is/are:  A. Provides a baffle for the oxygen  B. Moisture control  C. Aids in cooling breathing gas

D. B & C

- 37. The moisture control sponges are inserted into the BioPak 240 R
  - A. Wetted prior to use
  - B. Completely clean and dry prior to storage
  - C. Placed inside the facepiece
  - D. A & B
- 38. The CO2 absorbent cartridges can be:
  - A. Exposed to ambient air for up to 1 hour
  - B. Installed with the red cap down
  - C. Installed with the directional arrows on the facepiece adapter facing down
  - D. Installed with the facepiece adapter removed
  - E. Reused after only 2 hours of use the following week
  - F. None of the above
- 39. If you hear the Demand Valve hit every time you inhale, and you are not working hard, you should:
  - A. Use the Emergency By-Pass Valve
  - B. Breathe slower
  - C. Turn off the oxygen cylinder
  - D. Check your facemask fit and adjust it for a better seal
- 40. The purpose of the BioPak 240 Revolution's flow test is to ensure:
  - A. The RMS battery is functional
  - B. Carbon Dioxide is not present
  - C. The correct amount of Oxygen is metered out
  - D. The vent/relief valve is functioning
- 41. Which of the following is NOT correct:
  - A. Flow rate accepted range is 1.6 lpm on the low range and 2.4 lpm on the high range
  - B. The flow test must be done with the center section lid off
  - C. Use of a unapproved flow meter will result in inaccurate readings
  - D. The flow test is performed as part of turn-around maintenance
- 42. Which of the following is NOT a correct statement regarding the temperature sensor system in the BioPak 240 R:
  - A. Measure breathing loop gas temperature during the first 5 minutes of use
  - B. Provide the user with an insert ice canister reminder during the first 10 minutes of use
  - C. Compares ambient and breathing loop temperatures during the first 5 minutes
  - D. Tells the user when his ice canister has thawed
- 43. During the Low-Pressure Leak Test the purpose the two test keys are to:
  - A. Isolate the demand valve and prevent it from opening
  - B. Isolate the relief/vent valve and prevent it from opening
  - C. Create positive pressure inside the breathing loop
  - D. None, the keys should never be used during the low pressure leak test

- 44. The test keys should NEVER be left in the back of the BioPak 240 R during the high pressure leak test because:
  - A. False leaks may show up
  - B. It causes Leak-Tec solution to enter into the breathing chamber
  - C. Excessive pressure will build up and damage the relief/vent valve or diaphragm
  - D. The magnehelic gauge will not operate correctly
- 45. During a successful low pressure leak test the magnehelic gauge should:
  - A. Be pressurized between 6 and 8 inches of water column
  - B. Allowed to stabilize, then read after 2 minutes
  - C. Allowed to increase/decrease +/- .1 inches of water column during the 2 minutes
  - D. Have the rubber tubing connected to the facepiece adapter and test kit port
  - E. All of the above
- 46. The RMS gauge and TRIM system check includes all of the following EXCEPT:
  - A. Observe the TRIM color sequence and pneumatic gauge level
  - B. Listen for the Alarm Test
  - C. Check the Ice Reminder function
  - D. Battery Check
- 47. The completed Turn-Around Maintenance Card is attached to the:
  - A. Cylinder Valve
  - B. Handle
  - C. Waist Belt
  - D. Gauge Line
- 48. It is an acceptable practice to store wet moisture control sponges inside a BioPak 240 R:
  - A. Yes, as long as you leave the facepiece sealing adapter off
  - B. Yes, as long as you use the BioPak 240 R within 24 hours
  - C. No, because the sponges will get too hard
  - D. No, because the sponges will mold and/or mildew
- 49. When the bottle pressure reaches approximately 25% of its capacity, the audible and visual alarm will activate. Which BEST describes this:
  - A. 10-12 second horn only
  - B. Red light flashing only
  - C. Flashing red light, 10-12 second horn, repeated horn with increasing frequency
  - D. All of the above
- 50. What BEST describes Long-Term Maintenance testing:
  - A. Delaying Turn-Around Maintenance for 30 days
  - B. High pressure leak, Vent/relief valve, Demand valve, Emergency By-pass, low pressure alarm tests and Turn-Around Maintenance validation
  - C. Hydro static testing
  - D. Battery replacement

## Part 3, True or False

Circle "True" or "False"

51. Any standard 9-volt battery may be used in the BioPak 240 R.

TRUE

**FALSE** 

52. After 5-years of use, the Benchman should pay particularly close attention to the breathing diaphragm, facepiece, breathing hoses and O-ring seals.

TRUE

**FALSE** 

53. Proper lubrication of the BioPak 240 R is essential and the seal between the oxygen cylinder and the regulator should be lubricated with Cristo-Lube

TRUE

**FALSE** 

54. If the BioPak 240 R passes both low and high-pressure leak testing, it can be assumed that the seals are acceptable. However, it is recommended to perform a full system seal inspection and lubrication once a year or as needed.

TRUE

**FALSE** 

55. The BioPak 240 R battery door has no special orientation and can be re-installed in either direction.

TRUE

**FALSE** 

56. Performance of the Intrinsic Safety Assessment is part of Long-Term Maintenance Procedures.

TRUE

**FALSE** 

57. The flow restrictor is replaced every 12-months.

**TRUE** 

**FALSE** 

58. To ensure the facepiece does not fog, the most important factor when applying anti-fog spray is to make sure the facemask is clean and dry.

TRUE

**FALSE** 

59. The PCM canister is placed between the two CO2 absorbent cartridges to absorb heat and changes from a solid sate to a liquid state during use.

TRUE

**FALSE** 

60. The facemask positive and negative pressure check is part of long-term maintenance.

TRUE

**FALSE**