

HARLAN COUNTY SAFETY DAYS

FIRST AID TEST

1. Signs of opioid overdose include slow, shallow or no breathing, choking, or gurgling sounds, drowsiness or loss of consciousness, _____, constricted pupils, blue skin, lips, or nails.
 - A. large
 - B. dark
 - ☒ C. small
2. _____ the throat with the thumb and fingers, making the universal choking sign indicates the need for help when a victim is choking.
 - A. Holding
 - ☒ B. Grabbing
 - C. Clutching
3. A wound where the top layer of skin have been _____ off, commonly seen in falls, can be best described as an abrasion.
 - ☒ A. scraped
 - B. peeled
 - C. torn
4. The _____ are found in an area behind the abdominal wall.
 - A. liver
 - B. spleen
 - ☒ C. kidneys
5. Hepa mask would be the most important type of PPE to use when caring for a patient with _____.
 - A. hepatitis
 - ☒ B. tuberculosis
 - C. herpes

6. Proper body mechanics are best defined as properly using your body to _____ a lift or move.
- A. coordinate
 - B. conduct
 - ☒ C. facilitate
7. Carotid and _____ are the two pulse points that are referred to as central pulse points.
- A. branchial
 - B. temporal
 - ☒ C. femoral
8. Your patient has been in respiratory distress for approximately ____ minutes, your assessment reveals pale skin and cyanosis of the lips, these are signs of hypoxia.
- ☒ A. 30
 - B. 20
 - C. 15
9. Blood spurts from the wound, the color of the blood is bright red, and blood loss is often profuse in a short period of time are typical characteristics of _____ bleeding.
- A. life threatening
 - B. serious
 - ☒ C. arterial
10. You are caring for a patient with an open chest wound and have covered the wound with an occlusive dressing, the patient becomes increasingly short of breath, you should partially remove the dressing to _____ air to escape.
- ☒ A. allow
 - B. prevent
 - C. assist
11. A rate of 100 to 120 compressions per minute and a depth of at least 2 inches are the rate and depth for chest compressions on an _____.
- A. patient

B. mannequin

☒ C. adult

12. Opioids are medications used primarily for pain relief, common examples are _____, morphine, and fentanyl.

A. oxycodone

☒ B. hydrocodone

C. methadone

13. Shock is a life-threatening condition that occurs when the circulatory system can't _____ adequate blood flow.

A. regulate

☒ B. maintain

C. control

14. Head-tilt-chin lift is a maneuver used to open a victim's airway before _____ rescue breaths during CPR.

☒ A. providing

B. delivering

C. performing

15. Early _____ of foreign-body airway obstruction is the key to successful outcome.

☒ A. recognition

B. detection

C. consideration