## Geriatric Patients

From Bradys' Emergency Care 10<sup>th</sup> Edition

1. Where should the EMT-B place himself when the elderly patient has cataracts?

- A.) Behind the patient
- B.) In front of the patient
- C.) To the left of the patient
- D.) To the right of the patient

2. Where should the EMT-B look to perform the scene size-up when treating an elderly patient?

- A.) Neither inside nor outside
- B.) Inside and outside
- C.) Outside only
- D.) Inside only
- 3. What is the fourth leading cause of death in the elderly?
  - A.) Heart attack
  - B.) Stroke
  - C.) Pneumonia
  - D.) Angina

4. Which item is commonly a foreign body airway obstruction in an elderly patient?

- A.) Poorly chewed pieces of food
- B.) Strange glass items
- C.) Large prescribed medications
- D.) Plastic coatings from food

5. What can cause a false sense of security in the well being of an elderly patient?

- A.) Sudden decline in condition
- B.) Slow decline in condition
- C.) Sporadic nature of condition
- D.) Stabilization of condition

6. What is it called when an elderly patient replaces missing details with imaginary ones?

A.) Lying

- B.) Neuropathogenics
- C.) Imagination
- D.) Confabulation

7. What percentage of the elderly population live in nursing homes?

- A.) 15%
- B.) 25%
- C.) 35%
- D.) 5%

8. Which part of the body is often injured when an elderly woman takes a fall?

- A.) Back
- B.) Hip
- C.) Arm
- D.) Neck

9. Which is NOT an example of psychological abuse of the elderly?

A.) IgnoringB.) InsultsC.) ThreatsD.) Shaking

10. What is the chief complaint of an elderly patient who is having a heart attack?

- A.) Chest pain
- B.) Shortness of breath
- C.) Abdominal pain
- D.) Dizziness

11. Which change in the normal cycle of aging could result in being more prone to falls?

- A.) Death of friends and family
- B.) Decreased cardiac output
- C.) Diminished liver function
- D.) Diminished thyroid function

12. Which change of aging would result in an increased toxicity from alcohol?

- A.) Diminished thyroid function
- B.) Decreased muscle mass
- C.) Diminished liver function
- D.) Decreased elasticity of lungs

13. Which accounts for an overwhelming majority of injuries to elderly patients?

- A.) Motor-vehicle collisions
- B.) Chocking incidents
- C.) Accidental shootings
- D.) Suicidal overdoses

14. Who would NOT be helpful to ask regarding the normal mental status of an elderly patient?

- A.) Caregiver B.) Neighbors
- C.) Family
- D.) Patient

15. What minimum temperature (degrees Fahrenheit) should be maintained in the winter to avoid hypothermia in an elderly patient?

A.) 72
B.) 84
C.) 76
D.) 68

16. What portion of the elderly population dies within a year of a fall?

- A.) 1/8 B.) 1/4
- C.) 1/3 D.) 1/2

17. How much of the elderly population has clinical depression?

A.) 1/10 B.) 1/2 C.) 1/4 D.) 1/16

18. Which part of the blood pressure in the elderly tends to rise, resulting in the need for medications?

- A.) Systolic
- B.) Nothing increases
- C.) Systolic and diastolic
- D.) Diastolic

19. Which type of reaction occurs due to the decrease of liver and kidney function in the elderly patient?

- A.) Drug-drug
- B.) Drug-food
- C.) Drug-patient
- D.) Patient-food

20. What is a sign that the elderly patient is experiencing significant internal bleeding?

## A.) Dizziness upon standing

- B.) Abdominal pain
- C.) Shortness of breath
- D.) Altered mental status

21. What is the fastest growing age group in the United States?

A.) 85 and up B.) 75 and up C.) 55 and up D.) 65 and up 22. Which is NOT a cause of abdominal pain in the elderly patient?

- A.) Aortic aneurysm
- B.) Thoracic aneurysm
- C.) Diverticulitis
- D.) Bowel obstruction

23. Which is an implication for assessment in an elderly patient due to fewer taste buds?

- A.) Risk of pneumonia
- B.) Stroke more likely
- C.) Weight loss
- D.) Falls more likely

24. Which is an accurate statement regarding the elderly patient's radial pulse?

A.) RegularB.) ThreadyC.) FullD.) Irregular

25. Which segment of the population is the most likely to be successful in a suicide attempt?

- A.) Elderly female
- B.) Elderly male
- C.) Young male
- D.) Young female